



YOU ARE NOT ALONE

Prepare2Care

Caring for your aging loved one can be
overwhelming.

We've got you covered:

- articles with real-life solutions
- videos to teach you what you need to know
- private Facebook group with others in your shoes
- daily encouragement direct to your inbox
- The NorthStar Notebook, your guide for the journey
- ...and so much more.

Save your time, your money, your sanity.

prepare2care.org

One more thing! Do you need to talk to someone who can help you deal with your specific challenges in caring? Check out our Trusted Guide consulting option - it's a game changer.